### 13th ANNUAL

# UCSF Techniques in Complex Spine Surgery Course



### DIDECTORS

Christopher P. Ames, MD

Professor of Neurological Surgery • UCSF Spine Center

Vedat Deviren, MD

Professor of Orthopaedic Surgery • UCSF Spine Center





# UCSF Techniques in Complex Spine Surgery Course

November 8-9, 2024 · Vdara Hotel · Las Vegas, Nevada

The 2024 UCSF Techniques in Complex Spine Surgery Course is a two-day course emphasizing pioneering trends in spinal surgery. This course is designed to be interactive with didactic lectures given by leaders in the spine community. Participants will review surgical principles and techniques in the treatment of spinal deformities and tumors. As a result of the case conferences with national and international leaders in spine surgery, residents, fellows, and surgeons with less than an advanced level of experience will have improved skills in cases dealing with complex spinal deformities.

### TARGET AUDIENCE

Orthopaedic and neurosurgeons as well as their clinical support team and surgeons in training in the specialty of spine surgery.

### **OBJECTIVES**

An attendee completing this course will increase skills and strategies to:

 Identify the indications, applications and surgical techniques for posterior column osteotomies, interbody fusion techniques, and transpedicular osteotomy and corpectomy techniques for spinal reconstruction;

 Evaluate and treat pain related to spinal disorders in a cost-effective and reliable manner based on recently published guidelines;

 Evaluate and treat lumbar degenerative disease and deformity in a cost-effective manner based on an evidence based approach, and avoid case-to-morbidity risk;

 Identify risk factors that may predispose individuals to perioperative.

### **ACCREDITATION**

n support of improving patient care, the University of California, San Francisco is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team

UCSF designates this live activity for a maximum of 13.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

### Nurses

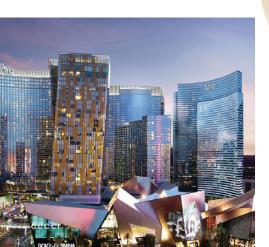
For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME.

Physician Assistants
AAPA accepts category 1
credit from AOACCME,
Prescribed credit from
AMA PRA Category 1
Credits<sup>TM</sup> from organizations

accredited by the ACCME.

### Pharmacy:

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credits™



## UCSF Techniques in Complex Spine Surgery Course

### FRIDAY NOVEMBER 8, 2024

7:30 am	Registration and Continental Breakfast		
8:00	Welcome and Introduction	Christopher Ames, MD Vedat Deviren, MD	
8:05	Frailty and Minimally Invasive Spine Surgery: Predicting Outcomes	Aaron Clark, MD	
8:25	Minimally Invasive Deformity Surgery: What It Is and What It Isn't	Nima Alan, MD	
8:45	Lymph Leaks and ALIF	Clara Gomez- Sanchez, MD	
9:05	Honored Speaker Introduction	Vedat Deviren, MD	
9:10	Sagittal Alignment: Balance and Failure	Michael Kelly, MD	
9:40	Question and Answer		
10:00	Coffee Break		
10:20	The Effect of ROM on Outcomes in Spinal Deformity Patients	Shane Burch, MD	
10:40	Implementing Robotic Navigation and Custom Implants for Complex Revision and De Novo Deformity	Kevin Taliaferro, MD	
11:00	Application of Principles of Precision Medicine to Spine Surgery	Sigurd H. Berven, MD	
11:20	Lumbar PSOs – What's The Best Reconstructive Technique?	Alekos Theologis, MD	
11:40	Question and Answer		
12:00 pm	Lunch		
1:00	From Amazon to Medical Device Chief Technology Officer: My Journey Into Healthcare AI   Non CME Lecture	Ken Washington, MD, PhD	
1:20	Leadership and Change: Lessons Learned from a Career in Spinal Innovation   Non CME Lecture	Patrick S. Miles, MD	
1:40	Pre-Op Planning in Pediatric Spinal Deformity	Lionel Metz, MD	
2:00	Rational Use of Robotics/Navigation in Spine Deformity Surgery: How Measure Quality, Value and Safety	Rajiv Sethi, MD	
2:20	Establishment and Application of Normative Alignment: Lessons Learned from the University of Calgary Normative Database	Fred Nicholls, MD	
2:40	Honored Speaker Introduction	Vedat Deviren, MD	
2:45	Finding the Unknown Unknowns: Risk Stratification in Spinal Deformity Surgery	Michael Kelly, MD	
3:15	Correction Techniques in Adult Spinal Deformity Surgery	Han Jo Kim, MD	

### **COURSE CO-CHAIRS**

Christopher P. Ames, MD Professor of Neurological Surgery and Orthopaedic Surgery Director of Spinal Deformity & Spine Tumor Surgery; Co-director, Spinal Surgery and UCSF Spine Center; Director, California Deformity Institute; Director, Spinal Biomechanics Laboratory

Vedat Deviren, MD Professor, Clinical Orthopaedic UCSF Department of Orthopaedic Surgery



COURSE FACULTY (University of California, San Francisco unless indicated)

## Nima Alan, MD Assistant Professor of

Neurological Surgery

### Sigurd H. Berven, MD

Professor of Orthopaedic Surgery; Chief of Orthopaedic Spine Service

### Shane Burch MD, MSc Professor in Residence

Spine Fellowship Director
Department of Orthopedic Surgery UCSF

### Aaron Clark, MD, PhD

Associate Professor of Neurological Surgery San Francisco, CA

Clara Gomez-Sanchez, MD Assistant Professor of Surgery **UCSF Vascular Surgery** 

### Michael Kelly, MD

Director of Scoliosis and Spinal Deformities Division of Orthopedics & Scoliosis at Rady Children's Hospital San Diego, CA

Han Jo Kim, MD Professor of Orthopaedic Surgery Director, Spine Fellowship Hospital for Special Surgery New York, NY

Patrick R. Maloney, MD Associate Professor, UCSF Department of Neurosurgery Chief of Neurosurgery and Medical Director Neurosciences, NorthBay Health

**Lionel N. Metz, MD**Pediatric and Adult Spine Surgeon
Associate Professor of Orthopaedic Surgery; University of California, San Francisco San Francisco, CA

### FRIDAY NOVEMBER 8 2024 (CONT'D)

3:35 pm	Coffee Break	
3:55	Osteoporosis in Spinal Deformity Patients: The Role of Cement Augmentation	
4:15	Update on Biologic Adjuvants in Spinal Deformity	Kyle Mitsunaga, MD
4:35	Treatment Strategies of CSM and OPLL	Lee Tan, MD
4:55	Adult Spinal Deformity Practice in a VA Population Patrick Maloney, MD	
5:15	Question and Answer	
5:35 pm	Course Adjourns Attendee/Exhibitor reception immediately following (5:35pm – 6:35pm)	

### **SATURDAY NOVEMBER 9, 2024**

9:35 am – 11:35 am	Session 1: Concurrent Breakout Case Discussions				
9:35	Case Discussion-# 1	Dr Berven			
10:05	Case Discussion-# 2	Dr Clark			
10:35	Case Discussion-# 3	Dr Theologis			
11:05	Case Discussion-# 4	Dr Kelly			
11:35	Question and Answer				
11:55	Lunch				
1:15 pm – 3:45 pm	Session 2: Resident, Fellow, and Young Surgeon Workshop				
1:15	Case Discussion-# 1	Neurosurgery Fellow			
1:45	Case Discussion-# 2	Ortho Spine Fellow			
2:15	Case Discussion-# 3	Neurosurgery Resident			
2:45	Case Discussion-# 4	Ortho Spine Resident			
3:15	Question and Answer				
3:45	Break				
4:00 – 4:40	Session 3: Advancement in Surgical and Robotics in Spinal Surgery				
4:00	Case Discussion-# 1	Dr Ames/Dr Deviren			
4:20	Case Discussion-# 2	Dr Clark/Dr Burch			
4:40	Question and Answer				
5:00 pm	Adjourn Meeting				
COURSE FACULTY (CONT'D) Kevin M. Taliaferro, MD					

### Fred Nicholls, MD, MA, FRCSC

Clinical Associate Professor, University of Calgary Fellowship Director, Combined Spine Program Spine Surgery Division Lead, Section of Orthopaedic

Ray Oshtory, MD, MBA Founder/Medical Director

Pacific Heights Spine Center San Francisco, CA

Rajiv Sethi, MD

Professor and Executive Medical Director, Virginia Mason Center for Neurosciences and Spine University of Washington School of Medicine Seattle, WA

Chief of Orthopaedic Spine Surgery at Henry Ford Health Orthopedic Surgeon Detroit, MI

**Lee Tan, MD** Associate Professor of Neurosurgery UCSF Medical Center San Francisco, CA

Alekos Theologis, MD Assistant Professor

Spine Surgeon Department of Orthopaedic Surgery



For more information or to register online visit our website at **cme.ucsf.edu**You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.

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490 Illinois Street, FI 8
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UPCOMING COURSES

Pediatric and Adult Spine Course July 16-19, 2025

Hotel • Honolulu, HI

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### GENERAL INFORMATION

Advance registration closes three (3) business days prior to start of course.

HOW TO ENROLL

**\$825** Practicing Physicians (**\$925** after 9/4/2024)

\$775 Nurses, Pharmacists, Allied Health Professionals

> (\$875 after 9/4/2024) Residents, Fellows (\$775 after 9/4/2024)

\* On-site registration will be \$75 additional.

Payment may be made by Visa, MasterCard, AmEx or check.

### **REGISTER VIA:**

\$675

Online: cme.ucsf.edu

Mail: Complete course registration form

and send with payment to: UCSF Office of CME, Box 0742 490 Illinois Street, Floor 7 San Francisco, CA 94143

**Phone:** To register by phone or to inquire about your registration status, please

call the UCS FORE Registration Office

at (415) 476-5808.



### REFUND POLICY

Cancellations received in writing before **November 1, 2024** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

### CONFERENCE LOCATION

Enjoy Las Vegas' renowned attractions such as the historic Fremont Street, shopping in CityCenter, or the world-famous Strip. **Vdara Hotel** is located in the CityCenter, an urban community filled with fine art and spectacular architecture. CityCenter is a place of high-tech meeting spaces, brilliant residences, world-class spas, extraordinary dining, modern art, and seductive bars.

A block of guestrooms has been reserved at the special UCSF conference rate of \$229 for Thursday night, and \$295 on Friday and Saturday night, plus \$45.00/night daily resort fee. You are urged to make your reservations early. The cut-off date is October 8, 2024, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, go to cme.ucsf.edu and click on the hotel link in the Travel &

Lodging section of the course webpage. By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration

fees reasonable.

### RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to convention number # 03BW0138 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

### AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following offer code to book on your own:

United – www.united.com code: ZK47190520

### COURSE REGISTRATION FORM • MOR24004

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Mail to: UCSF Office of CME 490 Illinois Street, FI 7 San Francisco, CA 94143 Online registration: **cme.ucsf.edu**Registration Information: (415) 476-5808
Course Information: (415) 476-4251

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### **VDARA HOTEL & SPA**

2600 W. Harmon Avenue Las Vegas, NV 89158 (702) 590-2111 phone (866) 745-7767 reservations www.vdara.com

Please refer to our website cme.ucsf.edu for additional information.

